

## AD INFORMATION

Small Talk (M2's newsletter) is published quarterly and will accept ads from shops, show sponsors, or any miniature business you might want to advertise. Here are the guidelines:

- 1) The copy must be submitted to the editor by the deadlines imposed for written copy.
- 2) Checks should be made payable to NAME Region M2.
- 3) Payment should be sent to:  
Julie Hagel  
13 Canterbury Forest  
Plaistow, NH 03865
- 4) Rates are as follows:

Full page:	\$100
Half page:	\$50
Quarter page	\$25
Business card	\$10

### DEADLINES

Fall:	Aug. 1
Winter:	Nov. 1
Spring:	Feb. 1
Summer:	May 1

Send interesting features, ads, club news, tips, etc. to:

Lynne Ellis  
31 Sunrise Dr.  
Baltic, CT 06330  
Or e-mail:  
[Pfunypfarm@AOL.com](mailto:Pfunypfarm@AOL.com)

## ARTICLES

**Please send any articles which you think may be of interest, whether or not it's about miniatures. There**

**are deadlines, but if you get the piece to me and it's too late, I'll file it and include it in a future issue.**

**State reps, please send items about your clubs, individual members, shows, new shops, etc.**

**The newsletter would be more exciting if there were more personal items.**

**Thank you all, Lynne**

## NASHUA '08

**You are reading this in 2008, our New England convention is almost here.**

**We will be asking for help the closer that we get to the July date.**

**There is a wonderful website with information about the hotel, the convention, and the different chairmen. Blog on. Or, write to the chairman of the committee you feel you'd be the best help. Find out more! Make a reservation at the hotel. Meet us there in July!**

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## UPCOMING SHOWS & EVENTS



**April 12**

**Tiny Treasures Day  
First Baptist Church  
Wollaston, MA**

Information: 617-472-3168

**May 3**

**Friends Thru Miniatures Fun Day  
Greendale Peoples' Church  
Worcester, MA**

Information: 508-886-6755

**May 31 – June 1**

**Sturbridge Miniatures Festival**

**Host Hotel**

**Sturbridge, MA**

Information: 703-978-5353

e-mail: [mollycromwell@aol.com](mailto:mollycromwell@aol.com)

Brrrrrrrrr..... It's cold outside.  
Hope this gives everyone a chance  
to work on those wonderful  
miniatures, which will hopefully then  
be exhibited at the NAME national  
convention in our own backyard,  
Nashua, NH.  
I just came back from warm India  
where I couldn't find any minis...  
some real neat small statues though.

I have some exciting news... M-2  
has a regional website.

[www.NAMEnewengland.com](http://www.NAMEnewengland.com) Connie  
Reagan is our web master or is that  
mistress? Please let us know what  
you would like to see. The website  
belongs to the region. The  
newsletters will be there, as well as  
club info, shops, local artists and  
links. We can post any registration  
sheets for fun days as well as tips  
and ideas, and any projects you  
want to share with the others in the  
region. In order to save money we  
will be e-mailing the newsletter. For  
those of you that do not have  
computers, we will still mail your  
copy. But please let us know. If you  
have e-mail but prefer not to get  
your newsletter this way, also let me  
know that. Avoiding postage will

save the region almost \$800 per year.

Our region has a new NAME club and it's our first in Maine...Mini Magic of Maine. Welcome! Pam Boorum has promised a free project for members of new clubs. Write and tell us all about your club. As you can see, we need more articles from active, interesting clubs.

Everyone has been busy getting ready for the 2008 Nashua Convention. Committee members, dealers, teachers, exhibitors.... Hope you can all join us. Don't forget to get your registration in as soon as possible. It will be great to be able to share our lovely New England with the rest of the country. Hope to see you all in Nashua.....  
Mini Regards,  
Julie  
M-2 Regional Coordinator



## **Featured Club**

**THIS COULD BE THE  
STORY OF YOUR CLUB.  
ARE YOU DOING  
ANYTHING INTERESTING?  
OUT OF THE ORDINARY?  
MEANINGFUL? FUN? ARE**

**YOU ALL BREATHING?  
TALKING?  
LET US KNOW!**

**HERE ARE THE  
HAPPENINGS AT SOME  
OF THE CLUBS AROUND  
THE REGION.**

### **CAPE COD MINIATURE SOCIETY**

We had exhibits in 10 libraries on the Cape during Miniature Month, October.

Our first fun day in September, seemed to be well received. The classes were great with wonderful instructors. Food was plentiful for both breakfast and lunch. We had a small, but nice exhibit of miniatures, many that were Fall related. Several people asked if we are going to do it again next year, so it was a success. Good job!

The club donated to several charities located in our area and we are already looking for worthy seniors in high schools on the Cape to receive scholarships from the club.

Several members will be donating HouseParty Helpers for the NAME National convention in July.

Our holiday party will be held at Chris Greeley's home on Dec. 12.

*Submitted by Marion Sargent*

**Tiny Acres**  
Ballouville, CT

Four of our members went to Orlando for the '07 NAME convention. We enjoyed the classes, exhibits, souvenirs, door prizes, meals, and camaraderie. As long as you stayed inside it was great, but the weather was brutally hot or viciously stormy.

The club went into hibernation for the summer but we all came back in September with lots of enthusiasm.

We are planning to donate money for a Houseparty Helper for the Nashua convention. Several of us are creating tote bag favors. And we expect to send door prizes. Since there are only 8 members in the club, and 6 of them are on the steering committee, we are certainly doing our part to make the July convention a success. We are a small active club and we would enjoy meeting like minded people. If you love minis, learning new techniques, talking, and eating and you live in south central Mass, or northeast CT please plan to attend. The E-mail address for our president is: [iluvministoo@yahoo.com](mailto:iluvministoo@yahoo.com)

Submitted by Gail Green

## **FRIENDS THRU MINIATURES**

Worcester, MA

We donated a finished doll house to Habitat for Humanity for their auction. They informed us that it was well sought after and was

successfully bought by a grand father for a grand daughter.

Several of us went to the National in Orlando and enjoyed ourselves. We're looking forward to Nashua in July of '08, which is fast approaching.

We're starting a new project which is watering cans to house a florist shop, or mouse house, or something like that. Julie Hagel kindly cut out openings with her plasma saw and we are all decorating them.

We held a holiday party in December at Lisa Petrovski's superbly decorated home.

Submitted by Lynne Ellis

## **Mini Magic of Maine...**

Became a NAME club in August 2007. We are located in the south central part of the state with members in Bangor, Belfast, Camden, Clifton, Eddington, Ellsworth, Glenburn, Hancock, Knox, Morrill, Otis and Searsport.

In December we held our Christmas party with each member bringing swap gifts for all members. We each brought another miniature gift and had a very lively Yankee swap. Our hostess, Betsy Eggleston uses a variation of the rules which prolongs the excitement and frustration.

At our January and February meetings we are working on a

crystal chandelier which was designed by member Priscilla Goss.

The club is looking forward to going to the National Convention together in July. We are also working on our donation of a Houseparty Helper for the convention .

Submitted by Rita Crawford

### **IN MEMORIAM**

It is with great sadness that I am reporting the death of Tess Peterson on August 7. We were privileged to know Tess as a beloved friend, mentor and gifted artist. She was always a positive force with incredible amounts of energy and a passion for living life to its fullest. Tess created many beautiful tiny works of art and generously shared her talents with fellow miniaturists. She will be greatly missed.

Sent by Debbie Glasser and Janet LaMonica

I'd like to add my recollection of Tess. She was in a class with me in Chicago 5 years ago. She was quiet but funny and she wanted everything she worked on to be absolutely perfect. We struck up an acquaintance when I found she was from New England. We all went and had ice cream nightcaps each evening. We marveled that she had come alone and given herself the trip for her 75<sup>th</sup> birthday. No one

could believe she was 75. After that she came to our Worcester club's fun days and she was half the fun. She was a joy to know.

Lynne Ellis

I too will greatly miss Tess. I've known her since I started with miniatures 12 plus years ago. I would run into her everywhere ....Fun Days, mini shops, shows. And always be greeted with a big hug and a smile. It was always a pleasure to sit with her in class, getting tips and discussing life and calling her my friend. I always hear that people who are into miniatures are so nice. Tess was one of the nicest.

Julie Hagel

### **FEMALE HEART ATTACKS**

**Women and heart attacks (Myocardial infarction)**

**Did you know that women rarely have the same dramatic symptoms that men have when experiencing heart attack...you know, the sudden stabbing pain in the chest, the cold sweat, grabbing the chest & dropping to the floor that we see in the movies. Here is the story of one woman's experience with a heart attack.**

**"I had a completely unexpected heart attack at about 10:30 pm with NO prior**

exertion, NO prior emotional trauma that one would suspect might've brought it on. I was sitting all snugly & warm on a cold evening, with my purring cat in my lap, reading an interesting story my friend had sent me, and actually thinking, "A-A-h, this is the life, all cozy and warm in my soft, cushy Lazy Boy with my feet propped up." A moment later, I felt that awful sensation of indigestion, when you've been in a hurry and grabbed a bite of sandwich and washed it down with a dash of water, and that hurried bite seems to feel like you've swallowed a golf ball going down the esophagus in slow motion and it is most uncomfortable. You realize you shouldn't have gulped it down so fast and needed to chew it more thoroughly and this time drink a glass of water to hasten its progress down to the stomach. This was my initial sensation---the only trouble was that I hadn't taken a bite of anything since about 5:00 p.m.

"After that had seemed to subside, the next sensation was like little squeezing motions that seemed to be racing up my SPINE (hind-sight, it was probably my aorta spasming), gaining speed as they continued racing up and under my sternum (breast bone, where one presses rhythmically when administering CPR) This fascinating process continued on into my throat and branched out into both jaws.

"AHA!! NOW I stopped puzzling about what was happening--we all have read and/or heard about pain in the jaws being one of the signals of an MI happening, haven't we? I said aloud to myself and the cat, "Dear God, I think I'm having a heart attack!" I lowered the foot rest, dumping the cat from my lap, started to take a step and fell on the floor instead. I thought to myself "If this is a heart attack, I shouldn't be walking into the next room where the phone is or anywhere else.....but, on the other hand, if I don't, nobody will know that I need help, and if I wait any longer I may not be able to get up in

moment."

"I pulled myself up with the arms of the chair, walked slowly into the next room and dialed the Paramedics... I told her I thought I was having a heart attack due to the pressure building under the sternum and radiating into my jaws. I didn't feel hysterical or afraid, just stating the facts. She said she was sending the Paramedics over immediately, asked if the front door was near to me, and if so, to unbolt the door and then lie down on the floor where they could see me when they came in.

"I then laid down on the floor as instructed and lost consciousness, as I don't remember the medics coming in, their examination, lifting me onto a gurney or getting me into their ambulance, or hearing the call they made to St. Jude ER on the way, but I did briefly awaken when we arrived and saw that the Cardiologist was already there in his surgical blues and cap, helping the medics pull my stretcher out of the ambulance. He was bending over me asking questions (probably something like "Have you taken any medications?") but I couldn't make my mind interpret what he was saying, or form an answer, and nodded off again, not waking up until the Cardiologist and partner had already threaded the teeny angiogram balloon up my femoral artery into the aorta and into my heart where they installed 2 side by side stents to hold open my right coronary artery.

"I know it sounds like all my thinking and actions at home must have taken at least 20-30 minutes before calling the Paramedics, but actually it took perhaps 4-5 minutes before the call, and both the fire station and St. Jude are only minutes away from my home, and my Cardiologist was already to go to the OR in his scrubs and get going on restarting my heart (which had stopped somewhere between my arrival and the procedure) and installing the stents.

"Why have I written all of this to you

with so much detail? Because I want all of you who are so important in my life to know what I learned first hand."

1. Be aware that something very different is happening in your body not the usual men's symptoms but inexplicable things happening (until my sternum and jaws got into the act). It is said that many more women than men die of their first (and last) MI because they didn't know they were having one and commonly mistake it as indigestion, take some Maalox or other anti-heartburn preparation and go to bed, hoping they'll feel better in the morning when they wake up....which doesn't happen. My female friends, your symptoms might not be exactly like mine, so I advise you to call the Paramedics if ANYTHING is unpleasantly happening that you've not felt before. It is better to have a "false alarm" visitation than to risk your life guessing what it might be!

2. Note that I said "Call the Paramedics". Ladies, TIME IS OF THE ESSENCE! Do NOT try to drive yourself to the ER--you're a hazard to others on the road and so is your panicked husband who will be speeding and looking anxiously at what's happening with you instead of the road. Do NOT call your doctor--he doesn't know where you live and if it's at night you won't reach him anyway, and if it's daytime, his assistants (or answering service) will tell you to call the Paramedics. He doesn't carry the equipment in his car that you need to be saved! The Paramedics do, principally OXYGEN that you need ASAP. Your doctor will be notified later.

3. Don't assume it couldn't be a heart attack because you have a normal cholesterol count. Research has discovered that a cholesterol elevated reading is rarely the cause of an MI (unless it's unbelievably high and/or accompanied by high blood pressure.) MIs are usually caused by long-term stress and inflammation in the body,

which dumps all sorts of deadly hormones into your system to sludge things up in there. Pain in the jaw can wake you from a sound sleep. Let's be careful and be aware. The more we know, the better chance we could survive.

